

# Artist

## Oylun Albayrak

### Hug Yourself (polyester and glass)

In reaction to the fast approaching Valentine's Day and the hype that surrounds it every year, I aim at turning the heart-shaped pillow from a mass-produced supermarket gift into a dangerous object that embodies the difficulty of learning to love oneself. The viewers are allowed to touch the work at their own risk...

### How to Love Yourself in Nine Steps

In keeping with the tradition of the origami heart making activity that has been adopted by the Love Yourself Project, I wanted to record this process in the way that members of the project instruct and make these paper hearts with visitors. Placing the drawing behind a mirror was a direct aim at encouraging the contemplation of self-love through the observation of this meditative process.

Born in 1986 in Istanbul, Oylun Albayrak attained her B.A. in Western Languages and Literatures in Bogazici University. She focused on the workings of gender and homophobia in homosexual discourse particularly in the works of Virginia Woolf and Oscar Wilde. As well as practicing drawing, painting and sculpture during college, she formed an interest in critical theories in art history, music and cinema, as well as literature. Currently, the artist is working towards an M.A. in Art History and Criticism at State University of New York at Stony Brook. Recent critical work by Albayrak displays an interest in gender, memory and issues of diaspora in contemporary art. She exhibited her mirror work, Ayna (2011), "Letters of Love" at Michael Mut Gallery in December 2011.

## Lainie Love Dalby

### LOVE Feeding: A Sculpture Series

Medium: Re-appropriated Valentine's Red-Velour chocolate box, magnetic plastic toy letters, faux diamonds, hair, Mylar stars, decorative bow & textures, stickers, stamps, glossy paper, ribbon & candy hearts

The **LOVE Feeding** sculpture series explores the idea that we feed ourselves not only through our mouths, but also through what we put into our minds, hearts and souls. Each mini love poem in the re-mixed, padded velour chocolate boxes has been lovingly written by the artist to help re-map negative self-image patterns & ignite personal transformation. The focus of each quote is on the love of self and its importance toward our overall success in life

**LOVE Feeding** is a part of Rev. Lainie Love Dalby's elaborate social sculpture project & company, TEEM Gorgeous, which merges aesthetics with spirituality and begins with the premise that every human being is an artist in charge of their own personal transformation. Through her art and ministry, she is providing individuals with the

creative and empowering tools needed for this journey so they may create the life they would love and start TEEMing with Gorgeousness each day. As Marianne Williamson famously said "It is our light, not our darkness that most frightens us. We ask

ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be?" It's time to rock your realness and fall CRAZY in love with YOU! For more information on the artist, visit [TEEMGorgeous.com](http://TEEMGorgeous.com) or [LainieDalby.com](http://LainieDalby.com) and follow her on Twitter @LainieLoveDalby and on [facebook.com/TEEMGorgeous](https://www.facebook.com/TEEMGorgeous). Select mini Love-poems from the **LOVE Feeding** Project: (feel free to SHARE the LOVE widely on Social Media to inspire your colleagues friends and loved ones... just use the handle @LainieLoveDalby and #TEEMGorgeous with each one!)

Rev. Lainie Love Dalby is an expert on empowerment through authentic self-image, an experiential artist & designer, and master provocateur' who has been deemed the "Lady Gaga of consciousness & spirituality." Her diverse talents & finesse have been featured in the New York Times Style section, Marie Claire Magazine, Paper Magazine, Time Out New York, and several other publications & blogs. Directly after receiving her Bachelor's degree in Architecture & Minor in Fine Art from Cornell University in 2001, Rev. Lainie Love founded Visceral P.L.A.Y. Studios (Visceral Pleasure Loves Accommodating You) as the passionate synthesis of her life/art/spirit, focusing on the collision of pop culture, ritual and the 12 senses. Since then, she has been exhibited internationally in both solo installations and group art shows in New York, Berlin, Miami, and Detroit.

Lainie Love is also the founder & CEO of [TEEMGorgeous.com](http://TEEMGorgeous.com), and co-founder of [Cloud10Couples.com](http://Cloud10Couples.com) - a company that designs & executes hand-tailored immersive Celebrations of LOVE, dissolving traditional paradigms of religion, gender, and sexuality to elevate you to the next level. She is currently working on a new multimedia company & online community that will be launched in late 2012, merging aesthetics and spirituality to expand the lexicon for cultural creatives as well as the next generation of spiritual seekers.

Visit her at:

[www.LainieDalby.com](http://www.LainieDalby.com)

[www.Cloud10Couples.com](http://www.Cloud10Couples.com)

Join the Self-image (R)evolution at:

[www.TEEMGorgeous.com](http://www.TEEMGorgeous.com)

T: @LainieLoveDalby

FB: TEEMGorgeous

## **Berglind Holm**

### Miniseries

We are told that love is a challenge. That it is rare, mysterious, a sort of endangered species. But what if love's challenge is not its elusiveness, but its ubiquity? What if a potential love resides dormant in every moment, even in our most everyday habits and routines?

In this miniseries, I suggest that if we are open and willing to search for love, love will find us in even the most unexpected locations, resonating from those places and objects once seemingly inert. Open to love, a formerly cold, passive stone becomes a

beating heart, a sidewalk throbs with love's promise. Perhaps then, the entreaty to 'love yourself' is really a request to see oneself as one agent of love amongst many.

The process of creating a visual equivalence of a specific sentiment or mood or framework within one's psyche is painfully fulfilling for me. Yet I question if it is possible. I am interested in creating a vehicle for my interests to collaborate and coexist not only in my mind, but as an expression. I am interested in the notion of double consciousness; never fully feeling here nor there. A space in which I operate in between two worlds...whether it be between the US and Africa, Rhode Island and New York, My mind and the collective consciousness, or even from one thought to the next.

More Specifically, I am seduced by the pursuit of deconstructing spaces of comfort from discomfort between polarizing worlds I experience. For example, the rising influence of commerce on the Cape Verde Islands has created a strange hybrid between a once self-sufficient nation that has become increasingly dependent on western nations. My work is merely a reaction from both sides of the fence. A small breath into the vast discourse.

### Bio

Born in 1981 in Akureyri (Iceland), Berglind Hólm attained her B.A. in Sociology at the University of Iceland where she focused on the sociology of gender and inequality. She has lived and travelled across Europe, and throughout her life and travels she has maintained an interest in photography. Currently the artist is on a Fulbright fellowship working towards a Ph.D in Sociology of gender, inequality and violence at the City University of New York, where she is interested in incorporating visual media into her ongoing projects.

## Alexis Carreño

### LOVE

I tried to put together two ideas in this work. One has to do with love and its common representation: a heart. The other is sex and its obvious representation: a penis. I juxtaposed these two symbols and the final image may be interpreted either as love, sex or both. Thus, by making visible the intersection of love and sex I want to emphasize the physicality involved in the "performance of love"--being this a solitary or collective practice.

### Bio

Born 1976, Santiago, Chile. Lives and works in Brooklyn

#### Education:

2012 Fulbright student in the Ph.D. Art History and Criticism program at SUNY Stony Brook

2002 M.F.A. Universidad de Chile

1998 Major in Fine Art (painting) Universidad de Chile

# Charlotte Mouquin

## Love Love 1

"The Love Series by Charlotte Mouquin using a combination of painted veils on board to create an ephemeral feeling of self love.

Charlotte's recent paintings balance between figurative and abstract subjects. The emotional weight of shifting animal and humanistic forms are caught in motion. Inspired by the free forms of Helen Frankenthaler's veils of color and Paul Klee's line that went for a walk, these paintings travel through a contemporary vision of being an artist in Brooklyn with a global viewpoint. The paintings are combinations of subconscious perceptions and cavernous compositions.

## Bio

Charlotte Mouquin is an artist, curator, and writer living in Brooklyn, New York. Charlotte is currently the Gallery Manager for Rush Galleries, part of Rush Philanthropic Arts Foundation. She has also been on review boards for [Artslant.com](http://Artslant.com), the Brooklyn Arts Council, and the Bombay Sapphire Artisan Series in Boston and New York. In 2010 she curated eight group exhibitions at Clover's Fine Art Gallery in Brooklyn, New York. Charlotte is an artist member of the [Piermont Flywheel Gallery](http://PiermontFlywheelGallery.com) in Piermont, New York where she has had two solo exhibitions "An introduction Past and Present" in 2008 and "Charlotte's Wonderland" in 2010. She has also completed curatorial projects on the Lower east Side at [CULTUREfix Gallery](http://CULTUREfixGallery.com), including "L.E.S. Chasms" a group exhibition in August 2010.

Charlotte Mouquin has a Masters of Contemporary Art from Sotheby's Institute of Art, New York. She also has a Masters of Art and Teaching from Tufts University / The School of the Museum of Fine Art in Boston, MA. Charlotte achieved her BFA in fine art from Parsons School of Design in 2004.

Charlotte lived in Vermont for two years teaching studio art and managing the Mouquin / Ngoima Gallery in Bridgewater, VT. She worked at Chelsea galleries NY, the [DIA: Beacon Museum](http://DIA:BeaconMuseum.com) as a docent and museum educator, and the [Isamu Noguchi Museum](http://IsamuNoguchiMuseum.com) in the archives department. Charlotte is actively curating exhibitions and is working on her own art oeuvre. She the Manager for Rush Galleries, and a founding member for the Love Yourself Project NYC.

# Michael Mut

## Love Yourself started with the Heart

In 2005 I was fortunate to meet a women on the subway who changed my life. It was the beginning for me to look with in and explore the possibility of truly loving myself. I couldn't believe how much I did not. It was one of those moments and ever since then I have been working or brainwashing myself to love myself. I started with making love yourself hearts.

## Bio

Born in New Haven, Connecticut, I started painting late in life. I discovered that the meditated process of painting awakened me to heal myself. I had to learn to love myself. This my friend is not an easy task to conquer nor a means to an end but a journey to enjoy and to explore **all** that comes my way. it's no longer the "I" that which keeps me in the game." My intention is to be surrounded by like-minded people so we can make a positive change in humanity and the way we treat ourselves, our earth. It's a wonderful thing.

I received a degree business at Southern Connecticut State University, studied photography at Gateway College in New Haven, Conn., and at ICP (International Center of Photography), Degree in fashion at Tobe-Coburn NYC, Studied under Larry Poons at Arts student league, and I am licensed Cosmetologist.

The Founder of the Love Yourself Project in New York City and I am the owner of Michael Mut Gallery in Manhattan, NY. [loveyourself.net](http://loveyourself.net) and a continuous blog on murder at [stillcounting.com](http://stillcounting.com)

## Mike Rimbaud

### Love Yourself to Death

My painting can be interpreted in many ways, but mostly I want to say that It's important to love yourself, but not overdo it. Yes, we must realize that all people have beauty inside and contributions to make for community and the human race. However, let's define where the frontier is for loving ones self in a healthy way and where narcissism lies.

## Bio

Mike Rimbaud was born in New York City, where he has lived most of his life. Mike has a painting style that might evoke influences ranging from artists like Daumier, Otto Dix, Alice Neal and Edward Hopper, and also influences from underground American comic books and illustrators like Robert Crumb. He is also a rocker who has released seven albums of his songs, the latest, "Coney Island Wave" (2011.)

As a native New Yorker and long time resident, the city has inspired much of his artwork including a series of Lower East Side portraits and subway scenes. Other subject mater includes rock musicians, dinosaurs, burlesque and belly dancers. "I have always enjoyed painting people, sometimes my work verges on caricature and cartoons. Songwriting and music is a way to express myself with words and sound, while painting allows my to visualize my feelings and visions in ways that music surely can't. It's the difference between the ears and the eyes."

*BFA, University of Wisconsin, Madison. Majored in painting.  
Computer graphic studies at New School University, New York, New York.*

<http://www.saatchionline.com/profiles/portfolio/id/76694> [www.mikerimbaud.com](http://www.mikerimbaud.com)